



MARATHI VISHWA  
PRESENTS

# Pranayam Lecture/demo & Surya namaskar Yagna

**On Sunday January 29, 2012**

Time: 9.00 – 10.15 AM

Venue

**Marathi Vishwa Community Center**

**Shri. Chandrakant Dharmadhikary**

a well-known Pranayam teacher from India  
will be conducting a lecture /demonstration.

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10:30 to 11.00 AM

**We will have several Marathi Shala students join us for  
Suryanamaskar Yagna.**

Contact Snehal Tamhankar at (908) 789-7036 for further details.